

BEACON ACADEMY

PHYSICAL EXAMINATION RECORD

(Portions of this form may be omitted at the physician's discretion)

NAME _____ NAME _____
Last Fist Middle Parents or Guardians

Birth Date _____ Address _____

Age _____ Gender _____ Grade _____

Date _____ Telephone _____

Student Check This Section:

<p>General Health</p> <table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td>Excellent</td><td><input type="checkbox"/></td></tr> <tr><td>High Average</td><td><input type="checkbox"/></td></tr> <tr><td>Low Average</td><td><input type="checkbox"/></td></tr> <tr><td>Poor</td><td><input type="checkbox"/></td></tr> </table> <p>Family History (Immediate)</p> <table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td>Diabetes</td><td><input type="checkbox"/></td></tr> <tr><td>Epilepsy</td><td><input type="checkbox"/></td></tr> <tr><td>Heart</td><td><input type="checkbox"/></td></tr> <tr><td>Nervous Breakdown</td><td><input type="checkbox"/></td></tr> <tr><td>Tuberculosis</td><td><input type="checkbox"/></td></tr> <tr><td>Other</td><td><input type="checkbox"/></td></tr> </table> <p style="text-align: center;">IMMUNIZATIONS</p> <p>The PERMANENT TENNESSEE CERTIFICATE OF IMMUNIZATION is required of all new students and is DUE AT REGISTRATION.</p> <p>For the required immunizations list for Tennessee schools see www.TN.GOV under the Department of Health link.</p>	Excellent	<input type="checkbox"/>	High Average	<input type="checkbox"/>	Low Average	<input type="checkbox"/>	Poor	<input type="checkbox"/>	Diabetes	<input type="checkbox"/>	Epilepsy	<input type="checkbox"/>	Heart	<input type="checkbox"/>	Nervous Breakdown	<input type="checkbox"/>	Tuberculosis	<input type="checkbox"/>	Other	<input type="checkbox"/>	<p>Personal History</p> <table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td>Pleurisy</td><td><input type="checkbox"/></td></tr> <tr><td>Pneumonia</td><td><input type="checkbox"/></td></tr> <tr><td>Tuberculosis</td><td><input type="checkbox"/></td></tr> <tr><td>Whooping Cough</td><td><input type="checkbox"/></td></tr> <tr><td>Typhoid</td><td><input type="checkbox"/></td></tr> <tr><td>Diphtheria</td><td><input type="checkbox"/></td></tr> <tr><td>Measles</td><td><input type="checkbox"/></td></tr> <tr><td>Mumps</td><td><input type="checkbox"/></td></tr> <tr><td>Malaria</td><td><input type="checkbox"/></td></tr> <tr><td>Polio</td><td><input type="checkbox"/></td></tr> <tr><td>Diabetes</td><td><input type="checkbox"/></td></tr> <tr><td>Headaches</td><td><input type="checkbox"/></td></tr> <tr><td>Constipation</td><td><input type="checkbox"/></td></tr> <tr><td>Nervous</td><td><input type="checkbox"/></td></tr> <tr><td>Orthopedic</td><td><input type="checkbox"/></td></tr> <tr><td>Joint, swollen and painful</td><td><input type="checkbox"/></td></tr> <tr><td>Rheumatic Fever</td><td><input type="checkbox"/></td></tr> <tr><td>Accident</td><td><input type="checkbox"/></td></tr> <tr><td>Surgery</td><td><input type="checkbox"/></td></tr> <tr><td>Allergy</td><td><input type="checkbox"/></td></tr> <tr><td>Asthma</td><td><input type="checkbox"/></td></tr> <tr><td>Hay Fever</td><td><input type="checkbox"/></td></tr> <tr><td>Sinusitis</td><td><input type="checkbox"/></td></tr> <tr><td>Colds, Frequent</td><td><input type="checkbox"/></td></tr> <tr><td>Influenza</td><td><input type="checkbox"/></td></tr> <tr><td>Injury</td><td><input type="checkbox"/></td></tr> </table>	Pleurisy	<input type="checkbox"/>	Pneumonia	<input type="checkbox"/>	Tuberculosis	<input type="checkbox"/>	Whooping Cough	<input type="checkbox"/>	Typhoid	<input type="checkbox"/>	Diphtheria	<input type="checkbox"/>	Measles	<input type="checkbox"/>	Mumps	<input type="checkbox"/>	Malaria	<input type="checkbox"/>	Polio	<input type="checkbox"/>	Diabetes	<input type="checkbox"/>	Headaches	<input type="checkbox"/>	Constipation	<input type="checkbox"/>	Nervous	<input type="checkbox"/>	Orthopedic	<input type="checkbox"/>	Joint, swollen and painful	<input type="checkbox"/>	Rheumatic Fever	<input type="checkbox"/>	Accident	<input type="checkbox"/>	Surgery	<input type="checkbox"/>	Allergy	<input type="checkbox"/>	Asthma	<input type="checkbox"/>	Hay Fever	<input type="checkbox"/>	Sinusitis	<input type="checkbox"/>	Colds, Frequent	<input type="checkbox"/>	Influenza	<input type="checkbox"/>	Injury	<input type="checkbox"/>	<p style="text-align: center;">Circle 1 if normal: 2 if slight concern: 3 if condition needs attention</p> <p>Nutrition</p> <p style="margin-left: 40px;">Height</p> <p style="margin-left: 80px;">In inches</p> <p style="margin-left: 40px;">Weight</p> <table style="margin-left: 40px;"> <tr><td>Actual</td><td>1</td><td>2</td><td>3</td></tr> <tr><td>Standard</td><td>1</td><td>2</td><td>3</td></tr> <tr><td>Underweight lbs</td><td>1</td><td>2</td><td>3</td></tr> <tr><td>Overweight lbs</td><td>1</td><td>2</td><td>3</td></tr> </table> <p>Hearing</p> <table style="margin-left: 40px;"> <tr><td>Right</td><td>1</td><td>2</td><td>3</td></tr> <tr><td>Left</td><td>1</td><td>2</td><td>3</td></tr> </table> <p>Vision</p> <table style="margin-left: 40px;"> <tr><td>Right</td><td>20/20</td><td>/</td><td>/</td></tr> <tr><td>Left</td><td>20/20</td><td>/</td><td>/</td></tr> </table> <p>Glasses</p> <table style="margin-left: 40px;"> <tr><td>Right</td><td>20/20</td><td>/</td><td>/</td></tr> <tr><td>Left</td><td>20/20</td><td>/</td><td>/</td></tr> </table> <p>Color Vision</p> <p style="text-align: center;">LAB, BLOOD PRESSURE, & TEMPERATURE</p> <p>Temperature: _____ 1 2 3</p> <p>Blood Pressure: _____ 1 2 3</p> <p>Hemoglobin: _____ 1 2 3</p> <p>Urinalysis: _____ 1 2 3</p>	Actual	1	2	3	Standard	1	2	3	Underweight lbs	1	2	3	Overweight lbs	1	2	3	Right	1	2	3	Left	1	2	3	Right	20/20	/	/	Left	20/20	/	/	Right	20/20	/	/	Left	20/20	/	/
Excellent	<input type="checkbox"/>																																																																																																																	
High Average	<input type="checkbox"/>																																																																																																																	
Low Average	<input type="checkbox"/>																																																																																																																	
Poor	<input type="checkbox"/>																																																																																																																	
Diabetes	<input type="checkbox"/>																																																																																																																	
Epilepsy	<input type="checkbox"/>																																																																																																																	
Heart	<input type="checkbox"/>																																																																																																																	
Nervous Breakdown	<input type="checkbox"/>																																																																																																																	
Tuberculosis	<input type="checkbox"/>																																																																																																																	
Other	<input type="checkbox"/>																																																																																																																	
Pleurisy	<input type="checkbox"/>																																																																																																																	
Pneumonia	<input type="checkbox"/>																																																																																																																	
Tuberculosis	<input type="checkbox"/>																																																																																																																	
Whooping Cough	<input type="checkbox"/>																																																																																																																	
Typhoid	<input type="checkbox"/>																																																																																																																	
Diphtheria	<input type="checkbox"/>																																																																																																																	
Measles	<input type="checkbox"/>																																																																																																																	
Mumps	<input type="checkbox"/>																																																																																																																	
Malaria	<input type="checkbox"/>																																																																																																																	
Polio	<input type="checkbox"/>																																																																																																																	
Diabetes	<input type="checkbox"/>																																																																																																																	
Headaches	<input type="checkbox"/>																																																																																																																	
Constipation	<input type="checkbox"/>																																																																																																																	
Nervous	<input type="checkbox"/>																																																																																																																	
Orthopedic	<input type="checkbox"/>																																																																																																																	
Joint, swollen and painful	<input type="checkbox"/>																																																																																																																	
Rheumatic Fever	<input type="checkbox"/>																																																																																																																	
Accident	<input type="checkbox"/>																																																																																																																	
Surgery	<input type="checkbox"/>																																																																																																																	
Allergy	<input type="checkbox"/>																																																																																																																	
Asthma	<input type="checkbox"/>																																																																																																																	
Hay Fever	<input type="checkbox"/>																																																																																																																	
Sinusitis	<input type="checkbox"/>																																																																																																																	
Colds, Frequent	<input type="checkbox"/>																																																																																																																	
Influenza	<input type="checkbox"/>																																																																																																																	
Injury	<input type="checkbox"/>																																																																																																																	
Actual	1	2	3																																																																																																															
Standard	1	2	3																																																																																																															
Underweight lbs	1	2	3																																																																																																															
Overweight lbs	1	2	3																																																																																																															
Right	1	2	3																																																																																																															
Left	1	2	3																																																																																																															
Right	20/20	/	/																																																																																																															
Left	20/20	/	/																																																																																																															
Right	20/20	/	/																																																																																																															
Left	20/20	/	/																																																																																																															

PHYSICIAN'S RECORD

Circle 1 if normal: 2 if slight concern: 3 if condition needs attention

MOUTH		1	2	3
	Breath			
	Lips			
	Membrane			
	Tongue			
	Post nasal discharge			
TEETH		1	2	3
	Cavities			
	Fillings			
	Diseased gums			
TONSILS		1	2	3
	Absent			
	Enlarged			
	Inflamed			
NOSE		1	2	3
	Discharge			
	Obstruction			
	Inflammation			
	Sinusitis			
EYES		1	2	3
	Lids			
	Strabismus			
	Diseased			
	Conjunctiva			
EARS		1	2	3
	Was			
	Discharge			
	Canal			
	Drum			
	Mastoid			
BLOOD PRESSURE/ HEART		1	2	3
	Enlarged			
	Irregularities			
	Murmurs			

LUNGS		1	2	3
	Expansion			
	Rales			
ORTHOPEDICS		1	2	3
	Joints; swollen painful			
	Spine: Lordosis			
	Spine: Kyphosis			
	Spine: Scoliosis			
REFLEXES		1	2	3
	Absent			
	Sluggish			
	Exaggerated			
ABDOMEN		1	2	3
	Scar			
	Ptosis			
	Hernia			
	Organs, palpable			
	Tender, where			
SKIN		1	2	3
	Eruption			
	Disease			
	Hair			
	Nails			

Severe Allergies includes: _____

Treat allergic reactions with: _____

Physician Information:

Physician's Signature

Date: _____

Physician's Name: _____

Print

Phone: _____

RECOMMENDATIONS

Physical Education:

Unlimited _____ Limited _____ No PE until _____